



2025

ICF COACH CERTIFICATION

- ✓ Do you believe in harnessing & utilising **HUMAN POTENTIAL**
- ✓ Are you seeking to **ADD-VALUE TO YOUR CURRENT ROLE?**
- ✓ Are you aspiring to earn 60 hours to **BE AN ICF CREDENTIALLED COACH?**

OUR INSTRUCTOR



Dr Frances Penafort, MCC
Director of Education

Class Dates 2025

Module 1 - July 11, 12, 18, 19

Module 2 - Aug 8, 9, 22, 23

Module 3 - Sept 12, 13, 18, 19

Time: 9am - 1pm / 2.30pm – 6.30pm

Fee: RM10,900

GPS PROFESSIONALS SDN BHD

Program language: English | Virtual Program

TOP 4 VALUE-ADD OF COACHING

99%

Who hired coaches are
“satisfied or very
satisfied” with coaching
**ICD global Coaching
Client Study*

80%

Improvement in confidence
**Institute of Coaching*

75%

Value of coaching is far
greater than the money and
time invested
**International Journal of
Evidence based Coaching
and Mentoring*

70%

Improvement in work
performance, relationships,
communication
**Institute of coaching*



UNIQUENESS of OUR PROGRAM

REGISTER TODAY!



Partnering With You To
Attain Your 60 Required
Hours for ICF Credential
Level 1 ACC



1:1 Mentor Coaching
Sessions with Customised
Feedback On Your Coaching
Technical Ability and Quality



Ways to Build
Your Coaching
Practice and
Coaching Brand

PROGRAM OUTLINE & LEARNING PATH

- ✓ 3 Months Program (60 Hours)
- ✓ ICF 8 Core Competencies
- ✓ ICF Code of Ethics & Core Values
- ✓ 7 Mentoring Sessions - Group
- ✓ 3 Mentoring Sessions - 1 on 1
- ✓ 5 Observed Sessions & Feedback
- ✓ 24 Paid Coaching Hours
- ✓ Master Class: Ongoing Learning & Support

OUR STUDENTS ARE HAPPY...

"I can confidently go into any coaching session - all I need to do is to prepare my **STATE** and build **CONNECTION** with my client. I do not need to be familiar with the content, or prepare the right question. Just by being **PRESENT**, magically all the powerful and beautiful questions will emerge on its own.."

Mohammad H. Azmi

"The best thing about FCS is that all students get real coaching clients to coach. We also get to practise with our peers in class with review by both our instructors and our classmates. You improve real quick with constructive feedback. You cannot beat experiential learning that you get at FCS"

S. De Costa



+6012- 395 1912 (Frances Penafort)



frances@francespenafort.com



www.francespenafort.com