



**PROOF, not Promises !**  
*4 Things we can back with numbers*

# 2026

# ICF COACH CERTIFICATION

- ✓ Train with one of the region's few ICF Master Certified Coaches.
- ✓ Earn your 60 hours. Earn coaching experience hours before you graduate.
- ✓ Frances' Coaching School is where it begins!

## OUR INSTRUCTOR



Dr Frances Penafort, MCC  
Director of Education

## Class Dates 2026

Module 1 – Aug 14, 15

Module 2 – Sept 11, 12

Module 3 – Oct 9, 10

Time: 9am - 6pm

Fee: RM10,900 | 100% HRD Corp Claimable

**GPS PROFESSIONALS SDN BHD**

Program language: English | Virtual Program

# 100%

100% ACC pass rate — every FCS graduate who has sat for the ICF credential has passed — *5 out of 5, and counting*

# 3 mths

3 months from first class to ICF-ready — intensive, structured, practitioner-led  
*Not a year-long study*

# MCC

MCC Master Certified Coach  
Led by one of fewer than 2,000 MCCs worldwide — the ICF's highest credential

# 24hrs

24 hrs of real client coaching built into every cohort — Graduate with a log of coaching hours, not just a certificate



# UNIQUENESS of OUR PROGRAM

**REGISTER TODAY!**



Partnering With You To Attain Your 60 Required Hours for ICF Credential Level 1 ACC



1:1 Mentor Coaching Sessions with Customised Feedback On Your Coaching Technical Ability and Quality



Ways to Build Your Coaching Expertise

## PROGRAM OUTLINE

- ✓ 3 Months Program (60 Hours)
- ✓ ICF 8 Core Competencies
- ✓ ICF Code of Ethics & Core Values
- ✓ 7 Mentoring Sessions - Group
- ✓ 3 Mentoring Sessions - 1 on 1
- ✓ 5 Observed Sessions + 3 Feedback
- ✓ 24 Paid Coaching Hours

## OUR STUDENTS ARE HAPPY...

"I can confidently go into any coaching session. I don't need to prepare the perfect question - just by being **PRESENT**, the powerful questions emerge on its own.."

Mohammad H. Azmi  
*Training and Coaching Practitioner*

"The best thing about FCS is that all students get real coaching clients to coach. We practise with peers in class reviewed by both our instructors and our classmates. You improve real quick with constructive feedback. You cannot beat the experiential learning that you get at FCS"

S. De Costa  
*Legal and Coaching Practitioner*

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