



2026

ICF COACH CERTIFICATION

- ✓ Train with one of the region's few ICF Master Certified Coaches.
- ✓ Earn your 60 hours. Earn coaching experience hours before you graduate.
- ✓ Frances' Coaching School is where it begins!

OUR INSTRUCTOR



Dr Frances Penafort, MCC
Director of Education

Class Dates 2026

Module 1 – Aug 14, 15
Module 2 – Sept 11, 12
Module 3 – Oct 9, 10

Time: 9am - 6pm

Fee: RM10,900 | 100% HRD Corp Claimable

GPS PROFESSIONALS SDN BHD

Program language: English | Virtual Program

PROOF, not Promises!
*4 Things
we can back with numbers*

100%

100% ACC pass rate —
every FCS graduate who
has sat for the ICF
credential has passed —
5 out of 5, and counting

3 mths

3 months from first class to
ICF-ready — intensive,
structured, practitioner-led
Not a year-long study

MCC

MCC Master Certified Coach
Led by one of fewer than
2,000 MCCs worldwide —
the ICF's highest credential

24 hrs

24 hrs of real client coaching
built into every cohort —
Graduate with a log of coaching
hours, not just a certificate



UNIQUENESS of OUR PROGRAM

REGISTER TODAY!



Partnering With You To
Attain Your 60 Required
Hours for ICF Credential
Level 1 ACC



1:1 Mentor Coaching
Sessions with Customised
Feedback On Your Coaching
Technical Ability and Quality



Ways to Build
Your Coaching
Expertise

PROGRAM OUTLINE

- ✓ 3 Months Program (60 Hours)
- ✓ ICF 8 Core Competencies
- ✓ ICF Code of Ethics & Core Values
- ✓ 7 Mentoring Sessions - Group
- ✓ 3 Mentoring Sessions - 1 on 1
- ✓ 5 Observed Sessions + 3 Feedback
- ✓ 24 Paid Coaching Hours

OUR STUDENTS ARE HAPPY...

"I can confidently go into any coaching session. I don't need to prepare the perfect question - just by being **PRESENT**, the powerful questions emerge on its own.."

Mohammad H. Azmi
Training and Coaching Practitioner

"The best thing about FCS is that all students get real coaching clients to coach. We practise with peers in class reviewed by both our instructors and our classmates. You improve real quick with constructive feedback. You cannot beat the experiential learning that you get at FCS"

S. De Costa
Legal and Coaching Practitioner

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